

Weekly Teaching

September 29, 2017

Dear Friends,

On Yom Kippur afternoon I will be leading an afternoon study session on *T'Shuvah* (Repentance).

Central to understanding *t'shuvah* is the concept of *cheit*, which is not limited to the usual definition of “sin,” but is rather understood as the all-too-human tendency to “miss the mark; to aim and to fail; to be diverted from the goal of walking with God.”

Cheit is the process of turning away from the path of godliness; *t'shuvah* is the act of turning back.

The journey back to God, *t'shuvah*, is a process that consists of several stages or steps.

Each stage is critical. Each step both builds on the one that preceded it and provides the foundation for the ones that will follow.

I hope you will be able to join me for this study time together, and I wish us all success as we examine our lives, and re-direct our journey back to God.

Shabbat Shalom and Gemar Chatimah Tovah — A Good Closing Seal for a Happy, Healthy and Peaceful New Year!
—Rabbi Mitch

PS If you are unable to attend the study session, but would like to receive my lecture notes, please let me know.
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