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## Programs run March 11–May 31, 2019

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### 2's Enrichment Programs 12:00 pm–1:00 pm

**MONDAY Music Makers:** Danette Meigel leads an interactive musical experience. Your music maker will explore a multitude of rhythms and sounds, while singing and playing instruments to nursery rhymes and songs. (10 sessions)

**WEDNESDAY Movement & Learning :** Deborah Michals and Learn With Action/Greenwich Dance Arts engage children in learning through creative movement. This class uses a variety of music and props to teach movement and music fundamentals. (10 sessions)

**FRIDAY Gymnastics:** *Held in our expanded Gymnastics Studio!* Jerry will use bars, mats, beams and other equipment to teach gymnastics techniques. (11 sessions)

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### 3's & 4's Enrichment Programs 1:00 pm–1:55 pm

**Please note: Enrichments are mixed-age 3's and 4's. Classes may fill quickly, resulting in waitlists. We will do our best to open additional sessions as needed.**

**MONDAY Gymnastics:** *Held in our expanded Gymnastics Studio!* Miss Kim will use bars, mats, beams and other equipment to teach gymnastics techniques. (10 sessions)

**MONDAY Rad Lab Science:** *Held in our STEAM Lab!* Children will participate in science fun, following the scientific method through a hands-on sensory investigation, question of the day, sharing of hypotheses, and two additional hands-on focal investigations. They will use their findings to draw their conclusions in their lab notebooks! Enrolled children receive a lab coat, goggles and a lab notebook. (10 sessions)

**TUESDAY Farm to Table:** Combining our gardening and cooking club by using vegetables from the SMNS garden and creating dishes with fresh, healthy ingredients. Children will develop a relationship with food by learning where our food comes from, how to grow and care for vegetables, and enjoy preparing fun recipes. (11 sessions)

**TUESDAY Woodworking:** Children will use a variety of tools and materials to develop skills and expand their creativity. They will plan and build in three dimensions. (11 sessions)

**WEDNESDAY Ballet:** Deborah Michals and Learn With Action/Greenwich Dance Arts teach girls and boys basic ballet positions and dance routines. The session will culminate with a recital on May 29 at 5:00 pm. (10 sessions)

**WEDNESDAY Sports School with Jerry:** Children will be taught proper techniques in various sports such as soccer, basketball, football and t-ball. They will practice the fundamentals of ball control, kicking, passing, throwing, agility, coordination and much more. (10 sessions)

**THURSDAY Gym with Jerry:** Jerry will have the children play fun team-building games. (11 sessions)

**THURSDAY Yoga:** Kat Jacobs, a Certified Yoga Instructor, will help children to stretch their muscles and their minds. This is a great step towards practicing a healthy lifestyle. (11 sessions)

**FRIDAY Gymnastics:** *Held in our expanded Gymnastics Studio!* Jerry will use bars, mats, beams and other equipment to teach gymnastics techniques. (11 sessions)

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